



FREE!

FOR  
**55+**

WOLLONDILLY  
**CAFÉ**  
CONNECT  
2024 CALENDAR

Come along, meet new people, have a chat  
with services over a cuppa & learn something  
new at Café Connect in 2024!

Discover Café Connect, the ultimate hub for anyone aged  
55 and above. Explore free workshops and resources  
focused on health, well-being, social opportunities, and  
community support. We hope you find something you like  
and come along!

**BOOKINGS ARE REQUIRED**

# CAFÉ CONNECT AT WO

## COFFEE WITH A COP

Come along to Wollondilly Shire Hall and meet Senior Constable Greg Loudon to chat about senior's safety at home and out in the community.

**Thursday 28 March 2024**

## SENIORS RIGHTS AND SENIORS LEGAL INFORMATION

Join us for an empowering Seniors Rights and Legal Information Workshop tailored to address the unique legal needs of seniors. Gain valuable insights into your rights and access essential legal information crucial for navigating various senior-related matters confidently.

**Thursday 18 April**

## MAKING MUSIC DRUMMING WORKSHOP

Join the Making Music Drumming Workshop with Patrick from River Road Creative Academy. Explore music, participate or just come along to enjoy the tunes. The music session will wrap up with a fun sing along!

**Thursday 23 May 2024**

## GET READY WORKSHOP

Natural disasters impact people, destroy homes and damage essential services. Join us for a workshop with emergency management professionals to understand your risk and prepare your home and your health for an emergency.

**Thursday 26 September 2024**

## SUCCULENT PLANTER WORKSHOP

Join us for a hands-on succulent planter workshop! Discover the art of crafting beautiful planters for your beloved succulents. Learn tips, tricks, and unleash your creativity in a fun, interactive session.

**Thursday 24 October 2024**

## CHRISTMAS CRAFT WORKSHOP

Join us for a Christmas Craft Workshop. Make something special to take home for yourself, give to a friend or a family member.

**Thursday 21 November 2024**



# WOLLONDILLY SHIRE HALL

## CREATING A NATIVE HABITAT

Join Damion, Council's Sustainability Projects Officer, for a chat about creating a native garden at home. Covering design, soil types, plant selection and habitat creation, with a chance to ask questions.

**Thursday 27 June 2024**

## BEES WAX WORKSHOP

Learn how to make and maintain your own beeswax wraps for keeping food fresh and hygienic without the use of single-use plastics such as cling-wrap.

**Thursday 18 July 2024**

## YOU ONLY DIE ONCE! END OF LIFE PLANNING WORKSHOP

Come along for a friendly chat and learn how to document your future healthcare wishes with Patsy Bingham from End-of-Life Angels and South Western Sydney Primary Health Network. Empower yourself through Advance Care Planning and ensure your preferences are understood and respected. Don't miss out!!

**Thursday 22 August 2024**

## CAFÉ CONNECT CHRISTMAS PARTY

Join us at the Café Connect Christmas Party to celebrate the end of the year and the new friends we have made along the way.

**Thursday 12 December 2024**



## ABOUT CAFÉ CONNECT...

Engage in a variety of workshops and activities designed to promote a safe and healthy lifestyle for seniors. Café Connect will take place after the workshop with some light refreshments and an opportunity to meet new people. Local services who support our ageing community will be present with important information. All our Café Connect workshops are **completely FREE**. We kindly request that you book in advance and inform us if you are unable to attend.

## BOOKINGS REQUIRED



**To book scan the  
QR code or  
call 4677 9693**

## LOCATION

**Wollondilly Shire Hall,**  
52 Menangle St, Picton 2571  
(All workshops)

## WORKSHOP TIME

**10am - 1pm**  
(All workshops)

## FOOD & DRINK

Tea/coffee & light lunch will be  
provided at all workshops

# Connect OVER A CUPPA

If you are a local service provider or community group that would like to participate in Café Connect, please get in touch with the Community Projects Team **02 4677 9541** or **[emily.plews@wollondilly.nsw.gov.au](mailto:emily.plews@wollondilly.nsw.gov.au)**

