FREE!

FOR 55+

CAFÉ CONNECT WOLLONDILLY

Come along, meet new people, have a free cuppa and try or learn something new in a location near you.

CAFÉ CONNECT AT

PROJECT GROW IN BARGO

COMPOSTING AND WORM FARMING

Come along to Project GROW's community garden and learn how to have your own compost and worm farm at home.

WHERE: Project GROW at Bonnie Cottage
122 Hawthorne Rd, Bargo NSW 2574

WHEN: Tuesday 8th October 2019

TIME: 10am-1pm **COST:** Free

Bookings Essential, Call Vickie on 4677 9550 at Wollondilly Council

Wollondilly Shire Council | MDS Macarthur Disability Services

FREE!

FOR 55+

CAFÉ CONNECT WOLLONDILLY

YOU ARE INVITED TO JOIN OUR CAFÉ CONNECT WOLLONDILLY SPRING SERIES IN 2019!

Café Connect is a one stop shop for over 55's to come together, enjoy each other's company and learn new things. Café Connect will take place in various locations across Wollondilly and includes lunch and café quality tea and coffee.

At Café Connect you will have the opportunity to meet new people and learn new things, all while enjoying a cuppa. We will have information and activities available on a variety of things including:

- Health and wellbeing activities and services
- Aged care services
- Volunteering opportunities
- Opportunities to increase social connections

The program for the Café Connect Spring Series 2019 is jam packed. We hope you see something you like and come along!

This project was made possible with funding through Macarthur Disability Services (MDS) and Wollondilly Shire Council, to foster liveable and connected communities for people aged 55+. A special mention to Camden Council for sharing the Café Connect Model.

Call Vickie 4677 9550 at Wollondilly Council for dates and more information

Wollondilly Shire Council

MDS Macarthur Disability Services